

Elmhurst Report on the Roselle Run for the Roses 5k or longer race on June 1, 2008.

Overall for Gender
 Mark Montgomery 4th
 Christine Lipa 10th
 Julie Bruns 12th
 Kristy Howland 14th

Age Group
 Mark Montgomery 1st M40-44
 Tim Conheady 1st M50-54
 Christine Lipa 1st F45-49
 Julie Bruns 2nd F35-39
 Kristy Howland 2nd F45-49

CARA Age Graded Results

Name	Age	Sex	Min	Sec	Age Graded
CHRISTINE LIPA	48	F	19	45	836.6
TIM CONHEADY	51	M	18	19	811.9
KRISTY HOWLAND	45	F	20	9	792.1
BOB RICHARDS	59	M	20	13	786.2
JULIE BRUNS	38	F	19	51	763.1
Team Total					798
Others					
MARK MONTGOMERY	40	M	17	58	759.6
JOHN O'BLANIS	57	M	22	32	693.7
NICK VIRGILIO	51	M	21	40	685.9
MARK ROBINSON	61	M	25	0	647.3
NICK DRAGISIE	58	M	29	21	537.3
DOUG PEARSON	40	M	29	45	458.7

CARA Age Division Results

Name	Sex	Age	Results	Place	Total	Score	Team
MARK MONTGOMERY	M	40	17:58.2	1	40	0	
CHRISTINE LIPA	F	48	19:44.5	1	27	0	
TIM CONHEADY	M	51	18:18.7	1	27	0	
JULIE BRUNS	F	38	19:51.2	2	43	0.023	
KRISTY HOWLAND	F	45	20:09.4	2	27	0.037	
Team Sum							0.06
Tiebreakers							
BOB RICHARDS	M	59	20:13.4	4	27	0.111	
NICK VIRGILIO	M	51	21:40.4	9	27	0.296	
Others							
JOHN O'BLANIS	M	57	22:32.1	11	27	0.37	

MARK ROBINSON	M	61	25:00.1	9	15	0.533	
NICK DRAGISIE	M	58	29:20.8	22	27	0.778	
DOUG PEARSON	M	40	29:45.4	33	40	0.8	

Upcoming CARA Circuit Races:

Club North Shore Half Marathon in Highland Park on Sunday June 8th. Meet at the Gazebo at 6:00 a.m. to carpool. This race is sold out.

Pink Ribbon 5k in Palos Heights on Saturday June 14th. Meet at the gazebo at 6:00 a.m. to carpool.

Downers Grove 5 and 10milers on Sunday June 22nd. Meet at the gazebo at 6:00 a.m. to carpool.

Race for Young Life 5k in Palatine on Saturday June 28th. Meet at the gazebo at 6:30 a.m. to carpool.

4 on the 4th in Elmhurst on the 4th of July. Run it, volunteer to help out, or both. This is our race.

Waterfall Glenn 10 miler on Saturday July 26th. Meet at the gazebo at 6:30 a.m. to carpool. Sign up early as this hilly race will sell out.