

Elmhurst Report on the Race for Young Life in Palatine on June 28, 2008

This race was our first time scoring 5 age division winners giving us a score of zero on the traditional age division scoring.

Overall for Gender:

Kristy Howland 6th
 Doug Pearson 6th
 Julie Bruns 7th
 Tim Conheady 8th
 Lori Dunn 12th
 Mark Montgomery 15th

Age Group:

Tim Conheady 1st M50-54
 Julie Bruns 1st F35-39
 Doug Pearson 1st M40-44
 Kristy Howland 1st F45-49
 Marc Woodcock 1st M45-49
 Mark Montgomery 2nd M40-44
 Lori Dunn 2nd F45-49
 Barry Brandt 3rd M50-54

CARA Age Graded Results

Name	Age	Sex	Min	Sec	Age Graded
Tim Conheady	51	M	17	19.95	857.7
Doug Pearson	40	M	17	4	799.8
Marc Woodcock	45	M	17	57.1	790.1
Kristy Howland	45	F	20	15.6	788.1
Mark Montgomery	40	M	17	29.8	780.1
Team Total					803.2
Others					
Barry Brandt	50	M	18	58.15	777.6
Bob Richards	59	M	20	46	765.7
Lori Dunn	45	F	21	16.55	750.5
Julie Bruns	38	F	20	26.75	741
John O'Blanis	57	M	22	37.9	690.8

CARA Age Division Results

Name	Sex	Age	Results	Place	Total	Score	Team
Tim Conheady	M	51	17:19.95	1	15	0	
Julie Bruns	F	38	20:26.75	1	15	0	
Doug Pearson	M	40	17:04.00	1	14	0	
Marc Woodcock	M	45	17:57.10	1	13	0	
Kristy Howland	F	45	20:15.60	1	13	0	

Team Sum							0
Tiebreakers							
Mark Montgomery	M	40	17:29.80	2	14	0.071	
Lori Dunn	F	45	21:16.55	2	13	0.077	
Others							
Barry Brandt	M	50	18:58.15	3	15	0.133	
Bob Richards	M	59	20:46.00	5	16	0.25	
John O'Blanis	M	57	22:37.90	12	16	0.688	

Upcoming CARA Circuit Races:

4 on the 4th in Elmhurst on the 4th of July. Run it, volunteer to help out, or both. This is our race. Sign up early as it may sell out.

Waterfall Glenn 10 miler on Saturday July 26th. Meet at the gazebo at 6:30 a.m. to carpool. Sign up early as this hilly trail race will sell out soon.

Dekalb Cornfest 10K on Saturday August 23rd. Meet at the gazebo at 6:30 a.m. to carpool.

Park Forest Scenic 5 Miler on Labor Day. Meet at the gazebo at 6:00 a.m. to carpool.