

Elmhurst Report on the Elgin Fox Trot 10 miler and 5k on Memorial Day 2008

Overall for Gender
 Doug Pearson 6th
 Tim Conheady 10th

Age Group
 Doug Pearson 1st M40-44
 Tim Conheady 1st M50-54

CARA Age Graded Results

Name	Dist.	Age	Sex	Time	Age Graded
CONHEADY TIM	10M	51	M	1:1:18.52	829.1
PEARSON DOUG	10M	40	M	0:59:26.42	782.6
MONTGOMERY MARK	10M	40	M	1:2:56.73	739
FIENE KURT	10M	46	M	1:6:50.65	729.6
CUNNIFFE PATRICK	10M	37	M	1:3:39.35	714.3
Team Average					758.9
Others					
ROBINSON MARK	10M	61	M	1:27:26.42	634.7
LEDGER STEVE	10M	55	M	1:24:57.03	619.2
O'BLANIS JOHN	10M	57	M	1:30:36.63	590.8
EBNER MICHAEL	10M	31	M	1:15:53.87	585.2

CARA Age Division Results

Name	Sex	Age	Results	Place	Total	Score	Team
PEARSON DOUG	M	40	0:59:26.42	1	75	0	
CONHEADY TIM	M	51	1:1:18.52	1	72	0	
MONTGOMERY MARK	M	40	1:2:56.73	4	75	0.04	
CUNNIFFE PATRICK	M	37	1:3:39.35	4	62	0.048	
FIENE KURT	M	46	1:6:50.65	8	79	0.089	
Team Sum							0.177
Tiebreakers							
ROBINSON MARK	M	61	1:27:26.42	4	11	0.273	
LEDGER STEVE	M	55	1:24:57.03	10	10	0.9	
EBNER MICHAEL	M	31	1:15:53.87	11	11	0.909	
O'BLANIS JOHN	M	57	1:30:36.63	14	14	0.929	

Upcoming CARA Circuit Races:

Run For the Roses 5k in Rosell on Sunday June 1st. Meet at the gazebo at 6:15 to carpool.

Club North Shore Half Marathon in Highland Park on Sunday June 8th. Meet at the Gazebo at 6:00 a.m. to carpool. This race is sold out.

Pink Ribbon 5k in Palos Heights on Saturday June 14th. Meet at the gazebo at 6:00 a.m. to carpool.

Downers Grove 5 and 10milers on Sunday June 22nd. Meet at the gazebo at 6:00 a.m. to carpool.

Race for Young Life 5k in Palatine on Saturday June 28th. Meet at the gazebo at 6:30 a.m. to carpool.

4 on the 4th in Elmhurst on the 4th of July. Run it, volunteer to help out, or both. This is our race.

Waterfall Glenn 10 miler on Saturday July 26th. Meet at the gazebo at 6:30 a.m. to carpool. Sign up early as this hilly race will sell out.