

CARA Circuit Shamrock Shuffle Age Graded Results

Elmhurst Running Club	Age	Gender	Hours	Min	Sec	Age		# in Div	% in div
						Theoretical Record	Graded Score		
Tim Conheady	50 M		0	28	35	1454	847.8	1 546	0
Barry Brandt	49 M		0	29	37	1443	812	8 731	0.01
Bob Richards	58 M		0	33	15	1554	778.9	5 297	0.013
Mark Montgomery	39 M		0	29	25	1336	756.9	17 1820	0.009
Stephanie Wagner	33 F		0	34	3	1452	710.7	11 2533	0.004
Total							781.3		
others									
Beth Szupko	29 F		0	34	10	1445	704.9	26 4533	0.006
Darryl May	45 M		0	33	6	1398	703.9	24 731	0.031
John Paul McGreal	27 M		0	30	42	1272	690.6	56 2760	0.02
Amy Sanders	31 F		0	35	1	1447	688.7	20 2533	0.008
Doug Pearson	39 M		0	33	8	1336	672	73 1820	0.04
Karen Ryan	38 F		0	36	41	1479	672	23 1587	0.014
Molly Nechvatal	42 F		0	37	52	1519	668.6	126 849	0.147
Paul Ward	56 M		0	38	46	1528	656.9	30 297	0.098
Harry Kamer	52 M		0	37	38	1478	654.6	62 546	0.112
John McKoane	55 M		0	38	38	1515	653.6	26 297	0.084
John Taflan	53 M		0	38	20	1490	647.8	79 546	0.143
Kevin Kaufman	29 M		0	33	32	1273	632.7	139 2760	0.05
John O'Blanis	55 M		0	40	35	1515	622.2	50 297	0.165
Veronica Ward	56 F		0	48	7	1785	618.3	25 147	0.163
Mark Boozell	48 M		0	39	17	1431	607.1	149 731	0.202
Jeremy Wernick	35 M		0	36	11	1300	598.8	196 1820	0.107
Peter Waldman	55 M		0	42	28	1515	594.6	72 297	0.239
Caroline Parisi	34 F		0	40	55	1455	592.7	182 2533	0.071
Christi Helm	15 F		0	42	39	1513	591.2	23 177	0.124
Tina Helm	39 F		0	42	18	1488	586.3	168 1587	0.105
Matt Helm	13 M		0	41	8	1430	579.4	19 86	0.947
Noel Griffin	45 M		0	40	18	1398	578.2	170 731	0.231
Colleen Ries	24 F		0	43	13	1445	557.3	337 1988	0.169
Mabel Noriega	30 F		0	44	9	1445	545.5	403 2533	0.159
Dawn Troost	27 F		0	46	1	1445	523.4	1007 4533	0.222
Elliot Kaufman	60 M		0	50	41	1581	519.9	139 164	0.841
Dave Lynam	55 M		0	48	57	1515	515.8	155 297	0.519
Wade Giorno	36 M		0	43	48	1307	497.3	768 1820	0.421
Nick Dragisic	57 M		0	54	10	1541	474.2	212 297	0.71
Mariann Kerley	41 F		1	0	16	1507	416.8	709 849	0.834
Kevin Aldrich	46 M		0	56	21	1409	416.7	648 731	0.885
Michele Amato	36 F		0	59	31	1466	410.5	1292 1587	0.813

CARA Circuit Age Division Results

Name	M/F	Age	Time	Age Group	Age Grp Place	AG Field	
Tim Conheady	M	50	28.35	M50-54	1	545	0
Stephanie Wagner	F	33	34.08	F30-34	11	2533	0.004
Beth Szopko	F	29	34.10	F25-29	26	4533	0.006
Amy Sanders	F	31	35.01	F30-34	20	2533	0.008
Mark Montgomery	M	39	29.25	M35-39	17	1820	0.009
Total							0.027
Tiebreakers							
Barry Brandt	M	49	29.37	M45-49	8	731	0.01
Bob Richards	M	58	33.15	M55-59	5	297	0.013

Chicago Challenge Results:

Masters Men finished 2nd

Masters Coed finished 2nd

Open Female finished 3rd

Open Male finished 4th

Upcoming CARA Circuit Races:

The Race That's Good For Life 5k in Oak Park on April 15th.
Meet at the gazebo at 7:30 a.m. to carpool.

Ravenswood 5k in Chicago on April 29th.
Meet at the gazebo at 6:15 a.m. to carpool.

Run For Hungry Children 5k in Hoffman Estates on May 19th.
Meet at the gazebo at 6:15 a.m. to carpool.