

Elmhurst Report On the Race For Hungry Children May 20, 2007

Overall Top 15:

Barry Brandt 7th

Stephanie Wagner 10th

Kristy Howland 11th

Mark Montgomery 15th

Age Division Top 3:

Barry Brandt 1st M45-49

Kristy Howland 2nd F40-44

Stephanie Wagner 2nd F30-34

Peter Eddington 3rd M45-49

Bob Richards 3rd M55-59

CARA Team Age Graded Results

Name	Age	Sex	Min	Sec	Age Graded Score
Barry Brandt	49	M	17	27.5	838.2
Bob Richards	58	M	20	37.9	764.2
Kristy Howland	44	F	20	43.4	763.2
Peter Eddington	49	M	19	24.8	753.8
Mark Montgomery	39	M	18	22.3	737.5
Team Total					771.4
others					
Doug Pearson	39	M	18	26.3	734.9
Stephanie Wagner	33	F	20	39.9	719.4
John O'Blanis	56	M	22	38.8	684.4

CARA Team Age Division Results

Name	Sex	Age	Time	Place	#Div	Score	Team Total
Barry Brandt	M	49	17:27.5	1	26	0	
Kristy Howland	F	44	20:43.4	2	15	0.067	
Stephanie Wagner	F	33	20:39.9	2	15	0.067	
Peter Eddington	M	49	19:24.8	3	26	0.077	
Mark Montgomery	M	39	18:22.3	4	26	0.115	0.326
Tiebreakers							
Bob Richards	M	58	20:37.9	3	13	0.154	
Doug Pearson	M	39	18:26.3	5	26	0.154	
others							
John O'Blanis	M	56	22:38.8	8	13	0.538	

Upcoming CARA Circuit Races:

Elgin Valley Fox Trot on Memorial Day

Meet at the gazebo at 6:00 a.m. This is a 5k or 10 mile race with a few hills in the 10 miler. Runners who are not competing on the circuit may want to try to score points for the team by running the less competitive 5k.

Roselle Run For the Roses 5k on Sunday June 3rd

Meet at the Gazebo at 6:30 am to carpool. This is a fast nearby course.

Club North Shore Half Marathon on Sunday June 10th

Meet at the Gazebo at 6:00 am to carpool. With the Great Midwest relay the same weekend some of our competing teams might not be full strength, giving us an opportunity for a good team placing if we can show up in force. The course is known for one steep decent to the lake followed by a steep hill around mile 9.

Downers Grove 5 and 10 milers on Sunday June 10th

Meet at the Gazebo at 6:00 am to carpool. The 10 miler offers a less competitive race where runners who are not competing individually on the circuit may want to try to get an all valuable age division win for the team. The course has some hills.

Race for Young Life 5K in Palatine on Saturday July 30th

Meet at the Gazebo at 6:15 am to carpool. This is a 5k with a number of turns.

4 on the 4th

This is our race. Race it, volunteer to help out or both.