

Elmhurst Report On Roselle Run for the Roses 5k June 3, 2007

Top 15 Overall:

Christine Lipa 11th

Stephanie Wagner 12th

Barry Brandt 12th

Age Division Top 3:

Barry Brandt 1st M45-49

Tim Conheady 1st M50-54

Christine Lipa 1st F45-49

Bob Richards 2nd M55-59

Christy Howland 2nd F40-44

Julie Bruns 2nd F35-39

Doug Pearson 3rd M35-39

CARA Team Age Graded Results

| Name | Age | Sex | Minutes | Seconds | Age Graded |
|------------------|-----|-----|---------|---------|------------|
| BARRY BRANDT | 49 | M | 17 | 1 | 859.9 |
| TIM CONHEADY | 50 | M | 17 | 20 | 851 |
| CHRISTINE LIPA | 47 | F | 20 | 4 | 813.1 |
| DOUG PEARSON | 39 | M | 17 | 11 | 788.6 |
| BOB RICHARDS | 58 | M | 20 | 25 | 772.2 |
| Total | | | | | 817 |
| others | | | | | |
| MARK MONTGOMERY | 39 | M | 17 | 52 | 758.4 |
| KRISTY HOWLAND | 44 | F | 20 | 52 | 758 |
| STEPHANIE WAGNER | 33 | F | 20 | 11 | 736.6 |
| JULIE BRUNS | 37 | F | 21 | 23 | 705.4 |
| KEVIN KAUFMAN | 30 | M | 18 | 52 | 685.5 |
| JOHN O'BLANIS | 56 | M | 22 | 41 | 683.3 |
| NICK VIRGILIO | 50 | M | 21 | 58 | 671.5 |

CARA Team Age Division Results

| Name | Sex | Age | Results | Place | Total | Score | Team |
|----------------|-----|-----|---------|-------|-------|-------|-------|
| BARRY BRANDT | M | 49 | 17:01 | 1 | 34 | 0 | |
| TIM CONHEADY | M | 50 | 17:20 | 1 | 34 | 0 | |
| CHRISTINE LIPA | F | 47 | 20:04 | 1 | 21 | 0 | |
| BOB RICHARDS | M | 58 | 20:25 | 2 | 30 | 0.033 | |
| KRISTY HOWLAND | F | 44 | 20:52 | 2 | 23 | 0.043 | 0.076 |
| Tiebreakers | | | | | | | |
| JULIE BRUNS | F | 37 | 21:23 | 2 | 22 | 0.045 | |
| DOUG PEARSON | M | 39 | 17:11 | 3 | 34 | 0.059 | |

| | | | | | | | |
|------------------|---|----|-------|----|----|-------|--|
| Others | | | | | | | |
| MARK MONTGOMERY | M | 39 | 17:52 | 5 | 34 | 0.118 | |
| STEPHANIE WAGNER | F | 33 | 20:11 | 5 | 19 | 0.211 | |
| KEVIN KAUFMAN | M | 30 | 18:52 | 5 | 15 | 0.267 | |
| JOHN O'BLANIS | M | 56 | 22:41 | 11 | 30 | 0.333 | |
| NICK VIRGILIO | M | 50 | 21:58 | 14 | 34 | 0.382 | |

Upcoming CARA Circuit Races:

Club North Shore Half Marathon on Sunday June 10th
Meet at the Gazebo at 6:00 am to carpool. Registration is closed for this race.

Downers Grove 5 and 10 milers on Sunday June 10th
Meet at the Gazebo at 6:00 am to carpool. The 10 miler offers a less competitive race where runners who are not competing individually on the circuit may want to try to get an all valuable age division win for the team. The course has some hills.

Race for Young Life 5K in Palatine on Saturday July 30th
Meet at the Gazebo at 6:15 am to carpool. This is a nearby 5k with a number of turns.

4 on the 4th
This is our race. Race it, volunteer to help out or both.

Waterfall Glenn Extreme 10 Miler near Darien on Saturday July 21st
Meet at the gazebo at 7:15am. This race may fill quickly so sign up soon for this hilly cross-country start trail run.