

Elmhurst Report on Ravenswood 5k April 29, 2007

Christine Lipa was the 10 female finisher.

Award winners:

Barry Brandt 1<sup>st</sup> M45-49

Tim Conheady 1<sup>st</sup> M50-54

Christine Lipa 2<sup>nd</sup> F45-49

Mark Montgomery 2<sup>nd</sup> M35-39

CARA Age Graded Team Standings

Name	Age	G	H	Min	Sec	Theoretical Record	Age Graded Score
Barry Brandt	49	M	0	17	11	878	851.6
Tim Conheady	50	M	0	17	23	885	848.5
Christine Lipa	47	F	0	19	43	979	827.6
Bob Richards	58	M	0	19	59	946	789
Mark Montgomery	39	M	0	17	44	813	764.1
Total							816.2
others							
Doug Pearson	39	M	0	18	6	813	748.6
Kristy Howland	44	F	0	21	28	949	736.8
Stephanie Wagner	33	F	0	21	5	892	705.1
Kevin Kaufman	29	M	0	18	34	775	695.7
Veronica Ward	56	F	0	26	33	1097	688.6
John O'Blanis	56	M	0	22	33	930	687.4
Colin Gray	50	M	0	24	5	885	612.5
Philip M Hartwig	55	M	0	26	33	922	578.8
Michael Czuba	26	M	0	28	57	774	445.6

CARA Team Age Division

Name	M/F	Age	Finish	Age Grp Plac e	AG Field
Barry Brandt	M	49	17:11	1	96 0
Tim Conheady	M	50	17:23	1	67 0
Mark Montgomery	M	39	17:44	2	209 0.005
Christine Lipa	F	47	19:43	2	63 0.016
Doug Pearson	M	39	18:06	5	209 0.019
Total					0.04
Tiebreakers					

10th Women Overall

Stephanie Wagner	F	33	21:05	8	259	0.027
Kristy Howland	F	44	21:28	4	101	0.03
others						
Kevin Kaufman	M	29	18:34	11	229	0.044
Bob Richards	M	58	19:59	4	32	0.094
Ronnie Ward	F	56	26:33.0	4	29	0.103
John O'Blanis	M	56	22:33	11	32	0.313
Colin Gray	M	50	24:05.0	25	67	0.358
Philip Hartwig	M	55	26:33.0	19	32	0.563
Michael Czuba	M	26	28:57.0	183	232	0.784

Upcoming CARA Circuit Races:

Run For Hungry Children 5k in Hoffman Estates on May 19<sup>th</sup>.  
Meet at the gazebo at 6:15 a.m. to carpool.

Elgin Valley Fox Trot on Memorial Day  
Meet at the gazebo at 6:00 a.m.