



Elmhurst Running Club, Inc. 2008 Membership Application



Name: _____ Birthdate: _____
(Requested by CARA)

Address: _____
(Only if changed for existing members)

Phone: _____ e-mail: _____
(Only if changed for existing members) Day Evening (Please list current e-address)

Please complete:

I'm interested in:

Marathon Training Marathon Pace Leader Track Workouts

CARA Race Circuit Team Forest Preserve Runs Other _____
 I'm already a CARA member (Please list interest area)

Club Race Planning Committee Race Day Volunteer Note: for multi-sport Information visit elmhurstclub.org

I'd like my newsletter:

via e-mail via U.S. Mail

Please Note:
Between newsletter communications will be sent via e-mail.

I'm interested in club Singlet \$15.00 Indicate Size: _____

We have a limited quantity of shirts and other items available please call 630-255-5233 to request a complete list of items, sizes and prices.

I know that running and volunteering to work in club events are potentially hazardous activities. I will not enter, run or work in club activities unless I am medically able and properly trained. I assume all risks associated with running and volunteering in club events included but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, and my known and unknown medical conditions, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I for myself, my family, heirs and representatives, anyone entitled to act on my behalf, waive any and all claims against and release and discharge the Elmhurst Running Club, Inc, all sponsors and their representatives, agents, officers, board members, successors, assigns and all other persons connected with this club from all claims of liability of any kind arising out of my participation in these club activities. All members age 18 and over must sign this waiver. Members under 18 must have parent or guardian sign this waiver. This waiver applies to 2006 and any future years that I participate in club activities.

Signature: _____ Date: _____

Membership Fee: \$15.00 annually** - Checks payable to the Elmhurst Running Club, Inc.

Fee covers CARA club membership and subsidizes newsletters, social events and club-related inventories.

** Family Membership: \$25.00

(Please list additional names, signatures & birthdates on back.)

Enclosed is my check for: _____

Questions? Phone 630-225-5233 or e-mail info@elmhurst-runners.com

Elmhurst Running Club, Inc. PO Box 603 Elmhurst, IL 60126